

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lorna Helsdon

Has successfully participated & completed the

20km Fun Race Cowhouse Winter MTB Race Sponsored by Bruce Reyneke Cycles

held at Cowhouse Market.

**TIME** 01:14:57

**PACE** 16.01km/h **OVERALL** 76 of 157

GENDER 25 of 61 VETERAN 7 of 20

13 July 2019, Sat

Date





Signature

